



Sua Sponte

www.lrrpranger.org

Second Quarter 2010

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Denver, Colorado July 22-25, 2010 Reunion!



Sua Sponte

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Sua Sponte is the official newsletter published quarterly by the Company G (RANGER) 75th Infantry Association edited by Edward P. Carey.

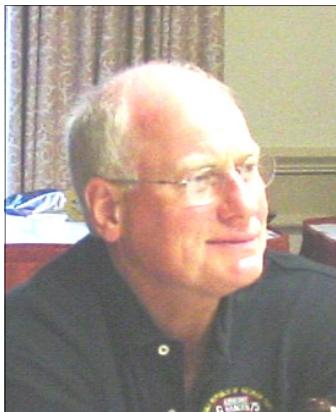
Change of Address: Any Address Changes should be sent to: Edward P. Carey, 5417 S. Valdai St., Aurora, Co 80015 or emailed to: edwardpcarey@comcast.net.

Membership Information: All former members of the 196th LRRPs, E/51st LRP, and G/75th Rangers are eligible to receive **Sua Sponte**. Membership applications can be obtained by contacting the Association at any of the addresses or phone numbers listed above.

Newsletter Submittals: Article, photos, announcements, etc. are always welcomed. **Sua Sponte** reserves the right to accept and edit all materials as necessary. All submitted photos will be returned if requested. Authorship and photo credits will be provided. Submittal of written articles may be handwritten, typed or on computer disk. We can translate most files. Windows is preferred.

Deadlines: **Sua Sponte** is published quarterly in March, June, September and December. Absolute deadlines for submitting material for the newsletter is the first of each month identified above. Time sensitive material will take precedence. Send material to the **Sua Sponte** address in Aurora, Colorado.

PRESIDENT'S COLUMN



By: Joe Meinike

March 4, 2010

Well, here it is March 2010. The holidays are behind us and I hope that all those resolutions some of us made for this year will somehow work out. I hope that all of you had a great holiday season and that 2010 has started out on a very positive note. May it be a healthy and prosperous year for us all.

It has been confirmed by several Association members that our Association was started twenty years ago. I hope that some of the guys that were at the original gathering will be at the Denver Reunion. I believe that our newsletter editor would like to spend a few minutes with you and get some information from you to be published in a future edition of **Sua Sponte**. The Association concessions manager may even have something special prepared for this year's Reunion given that it's a 20 anniversary.

By now you should have received your First Quarter copy of **Sua Sponte** which included a lot of information about the 2010 Reunion. Try to take advantage of the many recreational opportunities available to us while in the Denver area. Our host for the Denver Reunion, Ed Carey, has a lot of activities planned for us. Be sure to check out the links to the various websites provided in the last edition of **Sua Sponte**. There is a lot of information available to you on the →

websites. If you are not able to access the websites, give Ed Carey a call or drop him a note and I'm sure he will be able to provide some additional information about Denver and the planned activities.

On February 20, 2010, my wife and I, along with my daughter and her fiancé attended the Special Forces Association Annual Winter Ball in Chicago, Illinois. One of the main events at the Winter Ball is the award of scholarship funds to selected Airborne Qualified R.O.T.C. Cadets. The four cadets selected this year are truly outstanding soldiers and will certainly make terrific officers in the U.S. Army. It was indeed an honor to stand alongside two of the cadets who had experienced several tours in Iraq, earned the C.I.B., Bronze Stars, and several Purple Hearts, are Pathfinder qualified, attended D.I. school and trained hundreds of new recruits, and then return to college to go through the R.O.T.C. program and get their commission. You just have to be proud of these guys. It's meeting young troopers like these that give you the feeling that our country's future is in good hands.

For most of us the beginning of spring is finally in the air. That also means that it is that time of the year again when the annual membership dues need to be paid. You should be receiving your dues notices in the mail within the next few weeks. Please remember to pay your dues promptly and send your payment to the Association Treasurer.

Earlier this week I received a phone call from a former member of our Unit. His name is Richard Jones and he informed me that he has over forty photographs taken around the Unit Headquarters in 1970-1971 that were given to him. He is going to forward the photos to me and if we can identify some of individuals and locations in the pictures we will get them posted to our website. If any of you remember a Richard Jones from

CONTINUED ON PAGE 9

REGISTERING FOR REUNION



Denver Marriott South at Park Meadows

Check Rates & Availability

Book using the form below to receive the special group rate for this event!

Rooms start at **89.00 (USD)** and are available from **07/21/2010 - 07/25/2010**.

You must book by **06/30/2010** to receive this special rate!

Check-in date

Jul, 2010 21

Check-out date

Jul, 2010 25

Guests / room No. of rooms

1 1

Rewards no. Room Type

Quality

Group code

RRARRAA

Find

To make reservations by phone, call 1-800-228-9290 in the US and Canada (or any of our worldwide reservation numbers)

75th Ranger Regiment 2010 Annual Reunion



The 75th Ranger Regiment 2010 Annual Reunion is just around the corner!

We welcome you to stay at the Denver Marriott South at Park Meadows which is offering a special rate for those attending this event. Begin by entering your stay information to the left. From the room type drop down box, select the corresponding date. Select 'Find' to submit your request and easily complete your reservation online! You will find the cut-off dates in the download to the right.

Hotel specific and local area information can be found to your right. Please dial the hotel directly for any further information by calling 303-925-0004.

Additional Event Information

Local Area Information

Park Meadows Mall
Central City/ Blackhawk

Denver Marriott South at Park Meadows

10345 Park Meadows Drive
Littleton, Colorado 80124 USA
Phone: 1-303-925-0004
Fax: 1-303-925-0005
Sales: 1-303-728-5944
Toll-Free: 1-800-686-2767

Hotel Highlights

AAA Diamonds: 3
Marriott Rewards
Category: 4 >>

- QuickGroup Booking Made Easy - click here to reserve 10-25 rooms at the Marriott Denver South
- Marriott Denver South is close to Tech Center, Meridian, Inverness and light rail
- Marriott Denver South offers complimentary parking and shuttle service within a 8 mile radius

Maps & Transportation >>

Parking

- Complimentary on-site parking

[Photo Tour >>](#)

Click for a photo tour of this property!

[Guest Rooms in Detail >>](#)

- Our Littleton hotel rooms features a 32" Digital Flat Panel TV
- Many rooms at our Marriott Littleton offer spectacular views of the Rocky Mountains
- Plush mattresses, down comforters and feather pillows add to the comfort in our Littleton hotel
- Marriott Littleton features 2 concierge levels with upgraded room amenities and private lounge access
- Featuring high-speed Internet, adjustable work desk, ergonomical chair and in room movies
- Marriott Littleton features an on-site fitness center with free weights and cardiovascular equipment

[Area Information >>](#)

[Top Attractions](#)

- Park Meadows Mall Shopping and Entertainment District
- Castle Rock Outlet Mall
- Wildlife Experience Museum

www.visitdenver.com

www.denver.org

www.supershuttle.com

or **1-800-258-3926**

Use this code,

D927A

**when making your
reservations for
shuttle service**

REUNION INSTRUCTIONS



This is
what
you've
been
waiting
for...

The nuts and bolts of registration and stuff. On the opposite page you'll see the on line registration form. Accessing it is really very easy. There are a few things to watch carefully.

When you enter the link, be very careful. Once the page opens you will see the dates pre-filled. These are changeable and the rate stays the same. You can extend your stay if you wish. This portion of the registration states otherwise. Ignore that as it comes from Marriott Corporate.

You **MUST** book no later than June 30th to get the rate regardless of the length of stay. The earlier, the better. If you desire, you can call the hotel directly at one of the two numbers shown on the form and included here. If you call, simply state you are with the 75th reunion and you get the rate.

URL ADDRESS TO REGISTER ONLINE!

<http://cwp.marriott.com/denms/rraa/>
OR BY PHONE 1-800-228-9290

Or use the rate code which is "RRARRAA". I suggest you request a mountain-view room. They have great views and you don't have to worry about the sunrise. Often the sunrises are very colorful and reflect off the mountains. I have heard that sunrise has a negative effect on hangovers!

If you are flying into Denver International I suggest you use Airport Shuttle. Their phone number is included at the end of this column. You can't miss the bright blue vans. They are easy to locate on the East side of the terminal. (For those of you that maybe directionally challenged that would be a 180 from the mountains. This is valid only on this side of the mountains.) Once you deplane you'll have to walk to the escalators that take you down to the train level. There you wait for the trains. I suggest you move to the center doors of the waiting area. Those cars are usually less full. You'll enter the train from one set of doors. Do the 180 thing and you'll face the doors that open to baggage claim. Take the escalator up to baggage claim.

Most times bags are there waiting for you. Shuttles are located on this level as well as rental car shuttle vans. Again, transportation is on the east side.

I have included a link to Denver Bike Sharing.

"Bicycle" is a great way to see the sights Downtown. It costs \$5.00 for a day and there are 42 bike stations in the area. You pick up a bike and take the day touring. Leave the bike at any station and go to a museum or have a meal downtown. The Light Rail train takes you into the middle of downtown. Want to make a night of it? I'm starting to sound like a tour guide. We'll have a list of things to do posted several places in the hotel.

<http://denver.bcycle.com>.

www.supershuttle.com

or 1-800-258-3926

Use this code, D927A , when making your reservations for shuttle service.

AN OPEN LETTER

I am a lifetime member of our association. Whose lifetime I wonder? I had never been to a reunion until I read an article by Tom Nash in the spring of 2007. That article was a call to action on my part. You have read and heard my thoughts about attending since then.

I will never forget the look on James Casey's face when I walked into the banquet room. Our smiles were instantaneous. "Thanks for taking that last part of night guard on the mission. I just couldn't stay awake." Now James is gone. But we HAD that moment and others in 2007, didn't we James? James is now a "lifetime" member.

It is unfortunate that we don't see much of each other. Perhaps you felt slighted in the past, or embarrassed by life occurrences. I have attempted to reach out to a few who I remember. That's right Blaze and Tiger.

No return phone calls even though some of the hints were as subtle as a hammer.

This is the time to come to a reunion. Denver is easy to get to and we are going to have a great time. (I might even let "Buffalo" climb a sapling to serve as lookout. You do remember that, don't you Gary?) Sure I'm selfish. I want all of you who read this to come to this gathering. I want you to reconnect with those you served with. I want to see your face light up when you recognize a lost team mate. Let go of what keeps you from attending. A warm welcome is waiting.

What happened in the past is just that. Nothing can be changed. Now, as we come closer to true "lifetime" membership, it's time to let go. No slight, no action, no words exchanged, are worth placing yourself on the outside. Don't wait.

"Lifetime" is taking on new meaning.

GUESS WHICH

**RANGER THIS IS
AND WIN A
FREE BEER!**



THIS WAS THEN!!



**THIS IS HIM
NOW!!! :)**

FIRST REUNION 20 YEARS AGO BY DAVE MONCADA

Since I am partly responsible for beginning the many wonderful reunions that we, the men of E/51 LRRP and G/75th Rangers, have enjoyed over these many past years, I was asked to recount why I actually did such a “crazy ass” thing! However, I will only claim 50% of the blame. The other 50% must be assigned to Tom Hardy, who now lives somewhere in Kentucky.

Like many or most of us, after departing Vietnam in 1970, I moved on with the rest of my life – college degree, starting a family, establishing a career, and all those things we Americans tend to do. And like most or all of us, each and every day that followed would somehow bring me to thoughts and memories of the year I spent with the men of E/51 LRRP & G/75 Rangers – the entire “mixed bag” - the good, the bad, and the indifferent. Life itself just kept moving along however, and things were indeed good for me, for which I was extremely grateful! I had been in limited contact with a few of my Ranger buddies in CA over the years (mostly by phone), but none of us had mentioned the possibility of getting together as a group, as it just seem so inconceivable at the time.

First Reunion 20 years ago!



In the summer of 1990, I received a call from none other than Tom Hardy, who was then living in San Diego, CA. Tom and I caught up with what life had placed on our plates, and we somehow began to discuss the idea of gathering up some Ranger buddies – really nothing more than “let’s meet somewhere, drink some beer, and catch up” sort of a thing.

And that was that, but we promised to stay in touch! A few weeks later, I was having a margarita with my beautiful wife (Megan) in our backyard in Sacramento, CA, when it occurred to me, why not have a Ranger gathering in our very own backyard!? Megan mentioned that it would be perfectly fine with her, as long as “we” did not destroy our property or that of our neighbors. Things began to roll quickly thereafter!!!!

I called Tom Hardy, David Smith (Smitty), Whit, and others, who in turn called other Rangers.....well, you get the idea. I agreed to host our first ever Reunion in our backyard in Sacramento,

CA, which took place in August 1990!! I could not have done this without Megan’s full backing and support, because in reality, she became the unofficial logistician in charge of food, drinks, entertainment, and most importantly, she informed (or warned) the neighbors within a half-mile radius of our home that Vietnam Era Rangers were going to descend in our AO.



Through our “phone tree networking” we succeeded in having 28 – 30 Rangers show up in Sacramento for our 1st Reunion. And a simple reunion it was NOT!

David E. Smith (Smitty) from Grass Valley, CA had a contact (a writer), who had a contact with CBS Television productions, who expressed an interest in filming our 1st Reunion and presenting it on the Charles Kuralt program. Initially, we were a bit hesitant and leery, because we did not want a negative portrayal of the Vietnam War. CBS agreed to present our reunion in “a favorable light”, and to their credit they did so. The CBS film crew followed us through the whole reunion – first arrivals at the Sacramento Airport, the merriment (drinking lots of beer, good food, music & dancing) in our backyard, to the dinner at the Beverly Garland Hotel. CBS entitled the program that was aired on national television as “A Time to Remember.” It was indeed a memorable gathering of old friends, of brothers in arms; we who had bled on distant battle fields not just for our country, but also for ourselves. Our First Reunion was a complete success in ways beyond measuring. **CONTINUED ON PAGE 8**

DEAR DEALER!



ZWANI.COM

I'M ALL EARS!!!

So many questions have risen since I became editor of Sua Sponte, I have decided to add an advice column. This column is open to anything you would like to clarify. THIS IS ALL IN FUN! ENJOY A LAUGH OR TWO. Perhaps you have a question about the reunion, the history of the unit, what to buy your wife so you can play golf in peace. Ok, not so much on the last one. Anyway, here we are to serve you. On with the show!

Q. Dear Dealer, I just read Western Wisdom. What's the deal with this Altitude Sickness? I fly all the time and I don't get sick. **Swede**

A. Dear **Swede**, How's this for being right on top of things? You read Hoof's article and I answer! DAMN I'M GOOD! Really, don't give Altitude Sickness any deep concern. Just be aware of the symptoms. As for flying, keep the windows closed and you'll be ok.

Q. Dear Dealer, I have a friend, let's call him "George", who loves to come to the reunions. He's tired of looking up because he's kind of short. This causes his neck to hurt. Do you have a way to help? **Fuzz**

A. Dear **Fuzz**, I feel Georges pain. Mostly I feel it in my shins. Tell "George" that the hotel has found a

pair of white vinyl 1970's GoGO boots. I estimate they should almost reach his hips. This will slow his walking down. However the 5 inch platforms will really help him reach out and up. Oh, and tell "George" he's already tall in unit history and the respect of his comrades.

Q. Dear Dealer, I have a wife who loves to shop. Surprisingly I don't. What do you have planned for wives?

Dinah

A. Dear "**Dinah**", Back away from the computer. Slowly. I tried to look up this code name but none exists. I must conclude you are spamming us. With proper notice we can arrange a shopping trip to the large mall close by for those who feel the need to spend. How much notice? A day or so. Naturally, we will verify your status as a shopping female.

Q. Dear Dealer, I am from the south and people often have a difficult time understanding me. I do speak very clearly. I think. But I am concerned with those not from the south. How will you handle this at the reunion? **A lot of us.**

A. Dear **A LOT**, I think we solved the problem. There will be several bi-lingual interpreters at the reunion. They are fluent in all southern dialects. Why bi-lingual? Well, Southern to North and reverse. For the North to South interpreters the hotel will supply them with copious amounts of mashed potatoes which the northerners will stuff in their mouths. Since the air is thinner here, everyone will also sound like they just inhaled helium. Should be interesting!

Q. Dear Dealer, I developed a strange attachment to Kraft Cheese in a Can while I was in Duc Pho. This has haunted me for years. I have left

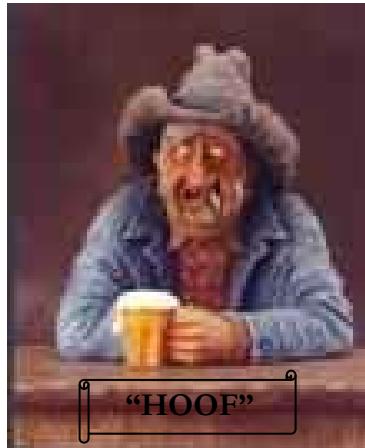
empty cans around the world. I was lost and desperate. There were times I looked in the mirror unable to recognize the cheese encrusted face staring blankly back. The stubble so heavy I knew the face wasn't mine. How could it be? I didn't need to shave regularly. (You wouldn't be related to Fuzz would you?) OMG, it was the Ritz crackers! I lost everything. Well not everything, but the car keys sometimes. Please assure me I will be safe at the reunion. **FLIP**

A. Dear **Burger Boy**, I have a surprise for you. While attempting to start using Cheese in a Can, I thought I should smell the strange stuff. My luck ran out quickly as I inadvertently pressed the nozzle. I got a nostril full. Was this the proper way to use the can? Who knew, except our platoon leader? He was busy ironing his socks. What the heck, let's just see. I'll try the other nostril just to be sure. Didn't work. I tried to use the nozzle to clear my passages but it lodged in my left nostril. Very painful. My nostrils clogged up and I fainted from lack of oxygen. I woke up with my team standing over me, looking down. Surreal yellow spots were all over them, and the hooch. Later, while cleaning up, I was told they started resuscitation. During one of the chest compressions the can shot out of my nostril followed by a stream of yellow Det-Cord. The can shot through the canvas roof of the hooch, landing in the M.P. area. That set off the sirens, as if we were having a mid-afternoon breach of the perimeter. But it was only afternoon snack time at the "Lurp" compound. That was rock bottom for me. I stuck with pre-sliced cheeses. I hope you found your car keys.

By the Editor,
Ed Carey

WESTERN WISDOM BY CLARENCE H. ARTED

My understanding is that a bunch of Ol' Dogs are coming to Colorado soon. Your editor asked me to share some of my thoughts with you to make your stay enjoyable. Like I care that some Flatlander wanna b's are comin'. What the @#\$%#@#\$ do I care? Well any way here they are comin'. Not a thing I can do'bout that.. So here are a few myths and the real skinny on making your stay enjoyable. Answers are pert neer true too. After all I've been around longer than dirt!



First, let's get the name "Hoof" explained. When I was a lot younger I worked around horses. Since I was the youngest at the stable, seemed like I was cleaning hoofs as much as mucking. Thus the name. Naturally the name stuck. The serious stuff follows.

The biggest worry I hear about is Altitude Sickness. This can be a problem for some folks who come here and do too much on the first day. Keep in mind that hundreds of thousands tourists come here every year. There are lots of people livin' here. Too darn many if ya' ask me. But you didn't ask, did ya'?

I've heard people who have never been to Colorado say there just isn't enough air! **Myth!** You can beat the myth by taking a few suggestions to heart.

Before getting on a plane to fly here, especially if you've never been to Denver, limit the alcohol and drink lots of water. No I don't mean add more water to the scotch. Stay hydrated (fancy word huh!). Limit the booze the first day. For you athletes it doesn't much matter what your VO2 max is. Symptoms are easy to recognize. Shortness of breath. Can ya figure that one out? Loss of appetite, headaches, feeling sick to your stomach weak or lazy. Heck my wife says I give her those feelings all the time 'cause I'm weak and lazy!

How about all that sunshine? What the ^%\$# about it? Well that's the truth; we get a passel of sunshine. Being a mile closer to the sun makes a whale of a difference. You can burn real quick. Wear a hat if you plan on being outside a lot. Even on cloudy days. Should you want to go play golf, or go for long walks, or just be outside, bring sun screen. Slap a bunch on. High SPF. You will look like a tourist, but we natives don't care as long as you spend money like crazy.

I can't think of much else. If you have questions, or concerns, ask away. I promise to answer right away. The editor says I might become a regular here. That's ok with me. Be'ins I ain't regular like I used to be!

Wishing you a great time, and the warmth of a fresh cow pie, I'm forever,

Hoof Arted

FIRST REUNION 20 YEARS AGO

CONTINUED FROM PAGE 6

Before the reunion ended in Sacramento, we officially formed our association (officers, board of directors, counsel, etc), from which has grew our present association.

In my lay and humble opinion, one of the more important benefits of our decision to form an association, was that it began a long and overdue process of healing for many of us. For some of us, the healing has been troubling, but for most of us, the healing was more than any doctor could ever repair. In that first reunion, and in each reunion thereafter, we have reminded ourselves that we were a lot more than just soldiers - we were Rangers who served in the highest traditions of past, present, and future Rangers. COL Darby, the WWII founder of the modern day Rangers, would be proud of the men of E Co/51LRRP & G Co/75th Rangers! And in keeping with those traditions, we will never forget our fallen Ranger brothers who gave their all on unnamed battlefields West of Chu Lai, Duc Pho, Tam Ky, Danang, and many other mountains, hilltops, and river valleys.

May God keep them in his loving embrace!!

Let us all pray that our association will continue far into the future, that we may gather for solace and sustenance. And I pray that the last Ranger of our association, who ever that may be, will have strength enough to raise his arm in a final toast in remembrance of all that we were!

Dave Moncada (Chief)
Rangers Lead the Way

PRESIDENT'S MESSAGE

CONTINUED FROM PAGE 2

Ohio, you may want to give him a call and make contact with him.

I stated in the last edition of Sua Sponte that the Association needs to fill several positions on the Board and several of the officer positions. As of right now I have not gotten any responses from any of the members. At the 2009 Reunion it was pointed out that it would be a tremendous advantage to have a list of people available before the annual meeting who are willing to serve in various capacities. Remember, the Association can only function if we have members who participate and are involved in the operation and activities of the Association. Please feel free to contact me or any of the officers and Board members with questions regarding any of the positions and how you can serve and contribute.

I hope to see many of you at the Denver Reunion and having the chance to reconnect. Our local host for the Reunion has indicated that several of you have already attempted to make reservations at the hotel. That is good news. Given the central location this year, it should make travel easier for all of you.

As this will be my last official column for Sua Sponte as the President of the Association, I hope that this year will be a year of many celebrations and a year of new beginnings for you...here's to 2010!



POLICING THE AREA!!



By: Sua Sponte Staff

This little bit of work was formerly known as "Moving?" The new name indicates that **I need a lot of help** with the roster. What I have to use is incomplete, and the most glaring omissions are in the email addresses. I will be emailing you updates on the Denver reunion. So PLEASE contact me with a complete address, including email. It's important. Initially this information was to be an on line addition to the web site. That didn't quite take off as planned. So email me at my new address.

edwardpcarey@comcast.net

I do have a back up enforcer. Don't make me use him. Let's get this right for all of us.



ASSOCIATION CONCESSIONS... New Colorado Rendezvous Tee's

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"of their own accord"

Quarterly Newsletter of
The 196th LRRPs, E51st
LRPs, and G-75th Rangers

www.lrrpranger.org



Photo of Denver from Denver Metro Convention Visitors Bureau Website