



Sua Sponte

www.1rrpranger.org

Volume 30 Issue 1

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Deadlines: Sua Sponte is published every four months in April, August and December. Absolute deadline for submitting material for the newsletter is 45 days prior to the month mentioned above.

Submissions:
Please send to Stephen Johnson,
Editor. Address page 2 inset

Ted Mataxis Feature

Vietnam: Ted Mataxis likes to say he failed retirement. After a 31-year career in the Army, he spent another 20 years in education, 19 working for Moore County Schools. Unable to rest on his Harley-Davidsons (he owns two) he still commutes to Fort Bragg to work in the history office.



One of Ted's favorite photos-His daughter and fatigue shirt. ARVIN Rangers on flap

In the late '60s and early '70s he spent three Thanksgivings in Vietnam.

"The first one was when I was with the 101st. All we had to do for that one was move to a landing zone where they could come in and pick us up, take us back to the rear, which was a firebase in the mountains, and then redeploy us to another area afterwards. That one wasn't too painful."

"My last Thanksgiving there I was at a border Ranger camp. Polei Klong Camp. Elevation was just about 2,000 feet. We had a 3,500-foot airstrip, which was made out of perforated steel, and we had a little old triangular French fort. There

were only two Americans, we had three-man teams but at that particular time we only had two of the three slots filled. I had a battalion of Montagnards with me and I've got a village of Montagnards families."

"We got word that we had to accept a Thanksgiving meal that was being flown around to all the various camps. If you are

sitting in Saigon, say a general looking at his maps says, 'These places all have airstrips, here's what we need to do. I want every camp out there to get a meal.' Yes, we had an airstrip, but anytime someone was coming in, they were subject to being fired up. To accept them we had to deploy a battalion worth of my soldiers so that myself and my NCO could have hot turkey."

It was a Thanksgiving dinner he'd have been content to do without.

Article credit: from Pinestraw magazine

Featured article about Ted Mataxis, G/75 former commander, is continued on page 3. Read on!

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75th Infantry Association

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Sua Sponte is the official newsletter published triannually by the Company G (RANGER) 75th Infantry Association edited by Stephen "Tower" Johnson.

Change of Address: Any Address Changes should be sent to: Sharon Robison, 5523 North Ocean Blvd., Suite 1512, Box 12, Myrtle Beach, SC 29577 or email: tomsharonrobison@msn.com

Membership Information: All former members of the 196th LRRPs, E/51st LRP, and G/75th Rangers are eligible to receive Sua Sponte. Membership applications can be obtained by contacting the Association at any of the addresses or phone numbers listed above.

Newsletter Submittals and Deadlines: see page 1

Greetings,

We lost a brother and friend on 28 Feb when Chuck Ford went to be with the big Ranger. Chuck had been a dedicated board member for a number of years and was an asset to our association.

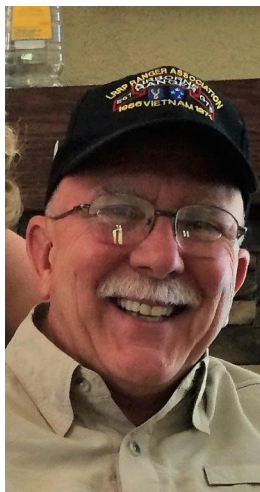
He was an outstanding member of his community and touched and helped many, particularly with his coaching efforts for a number of baseball teams. Below is the web site for Chuck's obituary and where you can leave a message in the guest book.

<https://www.andrewsmortuary.com/obituary/myron-ford>

Those of you who regularly visit our web site have seen the first 2020 edition of Sua Sponte. The hard copy has not been mailed yet as the printer had to shut down operation. They are expected to resume operation soon.

Unfortunately, because of current and future issues caused by the Covid-19 virus, we are forced to make some changes in how we act in living our lives. So, we are modifying the issue to contain recent changes in our plans.

After careful consideration and consultation with board members, officers, counsel and with participation of Dave Moncada, it has been decided that the 2020 Reunion is cancelled.



2020 reunion will be cancelled.

We believe that providing this information in Sua Sponte is the most effective manner to reach the greatest number of association members.

This should allow members time to make changes in

any reservations they might have made. We are sorry for any inconveniences this may cause.

Additionally, the 2021 reunion which was to be held in east Tennessee, will have a change of venue. Luckily, Dave and Megan have volunteered to hold the **2021 reunion in Sacramento.**

Information on the 2021 reunion will be forthcoming later and we will advise the membership when it becomes available.

Our organization exists for all our membership, so please let us know of any issues or ideas that you think need to be addressed or can be helpful. You can email me at lrrp75thinf@aol.com.

Please include Ranger in the subject line. Stay Well, Stay Safe and take care of one another.

Remember, tough times don't last, tough people do! **RLTW !!!!**

Bill Martin

BG Theodore C. Mataxis (Retired)

DOB: 17 Aug 1917 POB: Seattle, WA

- » Lincoln H.S., Seattle, WA, 1936
- » 41st ID WANG BPED: 18 Oct 39, PVT to CPL, F Co, 116th QM Rgt & B Btry, 205th Coast Artillery Bn (AA), Camp Murray, Fort Lewis, WA
- » UW '40, RTC NG 2LT 8 Jun 40, PL, Co Cdr, 1st Bn S-1, 20th Inf Rgt (Fort Benning, GA) & cadre 6th Rgt, 70th ID, Fort Warren, WY, July 40-Jul 41
- » E Co Cdr & cadre HHC Cdr, Bn XO, and Bn S-3, 361st Inf Regt, 91st ID, Camp White, OR, Jul 41-Feb 43
- » USACGSC, Ft Leavenworth, KS, Feb-Apr 43
- » Asst G-3 & Bn XO & Cdr, 2/276th Inf Rgt, 70th ID, Camp Adair, OR & ETO, Apr 43-Aug 45
- » Bn XO & Cdr (1/3 Inf & 2/3 Inf) & Rgt XO, 3rd ID, Germany, Aug 45-Nov 46
- » 7734th History Det, US Forces European Theater & DCO 7808th SCU, Nov 46-Dec 47
- » G2 & G3 First Army, NY City & Strategic Intelligence School, Jan 48-Jul 50
- » Indian Staff College, New Delhi, India & UN Mil Observer India/Pakistan Border, Jul 50-Jul 52
- » XO to G-2, EUSA & Rgt XO & Cdr 17th Inf, 7th ID, Korea, July 52-Jun 53
- » Infantry Tactics Instructor, Fort Benning, GA, Jul 53-Aug 57
- » Army War College, Aug 57-Jun 58
- » Cof S, 8th ID, Dep Bde Cdr & Cdr, 1st ABG, 505th Inf, Mainz, FRG, Jul 58-Sep 61
- » Dep Chief, US Army Strategic & Tactical Analysis Gp, Bethesda, MD, Sep 61-Jul 62
- » XO, CJCS, Washington, DC, Jul 62-Jul 64
- » DLI Vietnamese & MATA Course, II Corps Sr Advisor, MACV & DCO, 1st Bde, 101st Abn Div, RVN, Jul 64-Aug 66
- » Div Chief, ODCSOPS, DA, Washington, DC, Sep 66-Apr 67
- » ADC (M), 82nd Abn Div, Fort Bragg, NC, Apr 67-Apr 68; Army Chief, MAAG-Iran, Apr 68-Jun 70, Tehran, Iran
- » ADC (M), 23rd ID, RVN, Jun 70-Feb 71
- » Chief, Military Equipment Deployment Team, Cambodia (MEDTC), Feb 71-Feb 72.

LTC Theodore C. Mataxis Jr. (Retired)

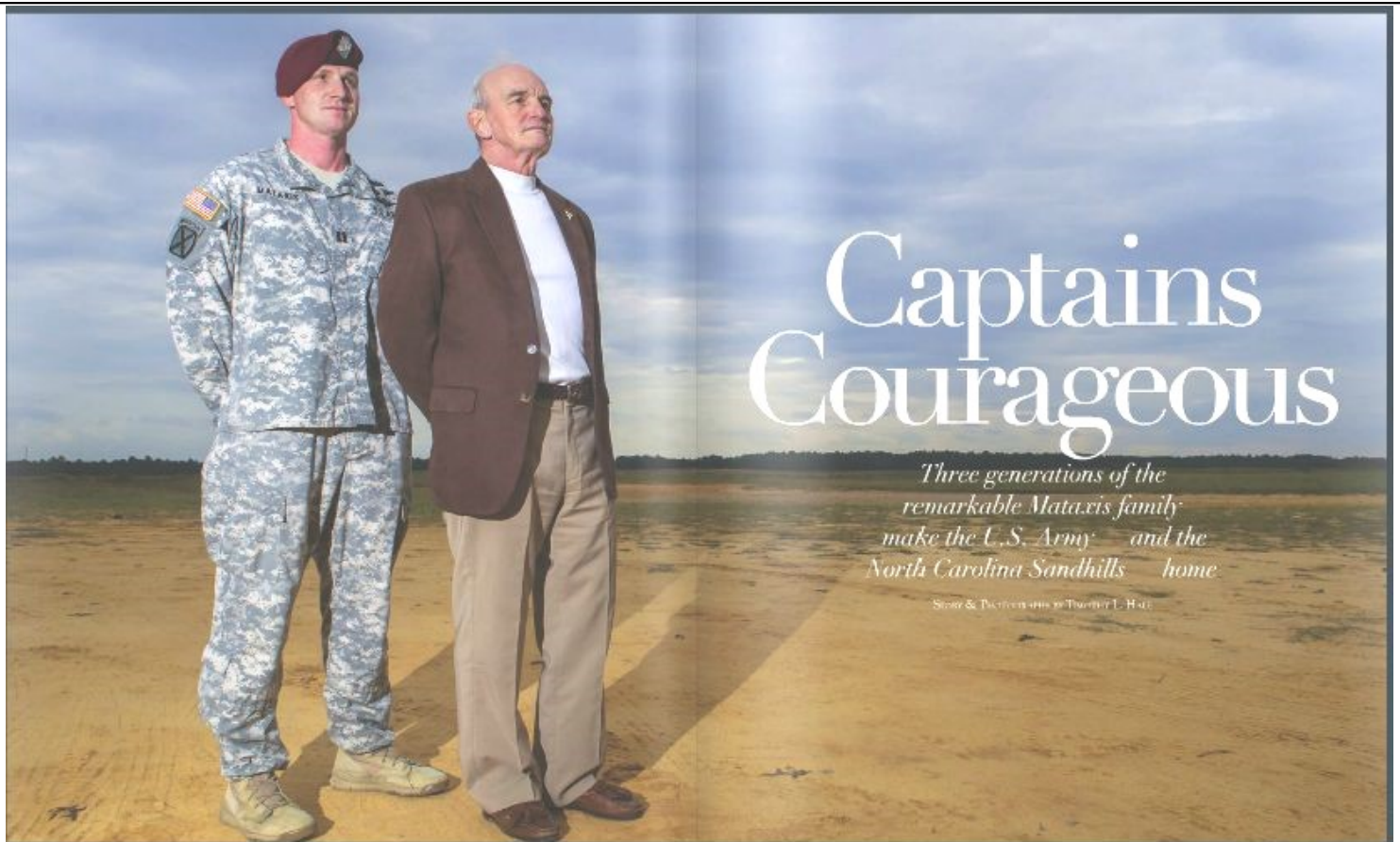
DOB: 6 Sep 1944 POB: Seattle, WA

- » H.S.: Walter Johnson, Bethesda, MD, 1963
- » USAR BPED: 20 Oct 1962, 2nd, 11th, 18th, and 20th SFGs (USAR)
- » BCT: Jun 1963, Ft Knox, KY
- » AIT & Abn School: Sep 1963-Jan 1964, Ft Benning, GA
- » SFEQC, Ft Bragg, NC, May-Aug 1966
- » Gordon Military College 1967, commissioned 2LT USAR; IOBC, Rgr School & PL, A Co, 1/504 Inf, 82nd Abn Div, Ft Bragg, NC, Jan-Oct 69
- » PL, B Co, Bn S-5, S-2, D Co Cdr, 3/187th, 101st Abn Div
- » ARVN Abn Div advisor
- » G Rgr Co Cdr, 23rd ID
- » ARVN Border Rgr advisor, Nov 69-Jan 72, RVN
- » S-3 & ODA Cdr, MFF, A Co, 3/5th SFG, Ft Bragg, NC, Jan 72-Jul 74
- » IOAC 7-74 then Rgr Dept, Camp Darby & S-3 Ops, 1975-78
- » Iran FAO (Ft Bragg) & DLI Farsi, 1978-79
- » CSC Cdr & Bn S-3, 1/18th Inf, G-3 Current Ops, 1st ID, Ft Riley, KS, 1979-1981
- » AFSC, Norfolk, VA, 1982
- » JSOC J-3 Exercises & Evaluations, Ft Bragg, NC, & Grenada; 1982-87
- » XO & DCO, 7th SFG, 1987-88, Senior OPATT, El Salvador, 1988-89
- » 3rd SFG Activation Cell & USASOC Current Ops, Fort Bragg, NC, Jun 89-Jun 90
- » XO & DCO, 3rd SFG, Ft Bragg, NC, Jun 90-Jun 93

Dad, Brigadier General Mataxis I, Ted Mataxis II, and Ted Mataxis III were all NCO's, had the same Captain Bars, were all Master Jumpers and in combat with the 101st.

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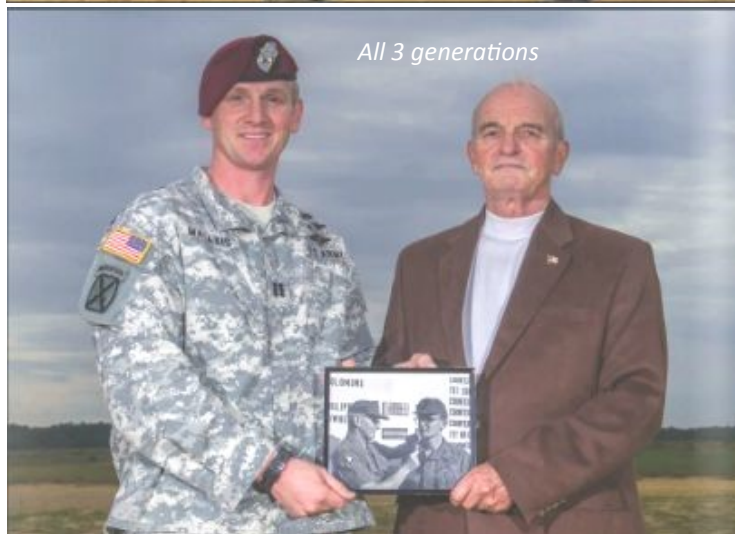




Captains Courageous

Three generations of the remarkable Mataxis family make the U.S. Army and the North Carolina Sandhills home

Story & Pictures by T. HALL



All 3 generations



Worn by 3 Mataxis

BG Mataxis slowing his pace so John Wayne can keep up!



Right Photo- Joe Gallogway surrounded by Ted Sr (left) and Ted Jr to his right at a speaking event.





G/75 - E/51 LRP - 196TH LRRP

75th RANGER UNIT DIRECTOR—AL STEWART



Once again, I begin my homework assignment of writing an article for PATROLLING. I always hope to have some inspiration for my article and if not, I begin to panic when Steve sends out his 30 day warning order. I had no inspiration and also had some travel scheduled that caused me some concern knowing my time frame for “inspiration” would be limited by my travels. Fortunately, I received a call from an old WWII veteran I have known for 20 plus years. Al Rocca is in his mid-90’s and served with the 100th Bomb Group during WWII as a radioman and gunner on a B-17 Flying Fortress. He is one of a number of WWII and Korean Vets I have gotten to know and worked with in building several Veterans Memorials over the past 20 years. I was fortunate to be asked to get involved with these Memorial efforts, not because I had any expertise or experience in fund-raising, but simply because I was one of the few Vietnam Vets these guys knew and they wanted a RVN Vet for representation from the Vietnam War.....they certainly could have done better.

Al Rocca was excited when he called me. He had just been advised that he would be receiving the Order of National Legion of Honor from the French Government for his service in WWII. This award by the French has been given to a number of WWII Vets over the years and I was familiar with it because my father-in-law, Charlie DiMaria, received the award in 2014. Charlie, son of Italian immigrants with little education was quite a character. Drafted in the spring of 1941 before the war started, Charlie was in an anti-aircraft unit. He made the North Africa invasion in September of 1942, two landings in Sicily, one in Italy, France a couple of weeks after D-Day and finally, made the run to Bastogne with Patton’s 3rd Army to relieve the 101st Airborne during the Battle of the Bulge. Maybe I’ll write about Charlie in a future article.

Anyway, I knew about the French award as the result of Charlie having received it. The award is bestowed to Americans who fought in France during WWII and is a wonderful way to recognize and honor these heroes who are now far and few between. The event for Al (and Charlie) was dignified and well attended. A member of the French consulate made the presentation of the award, complete with medal and citation. I believe the French accent mesmerized the crowd during his speech and after presenting the citation and pinning the award, he concluded with the French tradition of a kiss on each cheek. Al Rocca was grinning from ear to ear after the event. What a wonderful thing for the French Government to do for our old heroes. It was a classy event and all who attended had to be proud of Al and thankful to the French for recognizing his service. Now, I could take this opportunity to beat up on the French and fill a few paragraphs in doing so. Instead, I am taking the high road and congratulating the French Government for what they did for Al, Charlie and

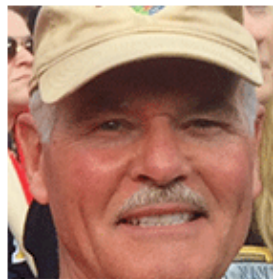


countless other WWII Vets who certainly deserved and enjoyed the recognition. I commend the French in their efforts and I will say well-done. It would not be the proper thing to enjoy the event and then say negative things about them in the same paragraph. My point is, the French Government is doing and has done for a number of years what we should be doing at every opportunity with our Veterans, young and old, recognizing them and saying thanks. I will never forget the smile on my Father-in-law’s face or that of Al Rocca after their ceremonies. While I still know a few WWII and Korean Vets, I see Vets every week, young and old, who I don’t know. Vets wearing their unit ball caps and driving vehicles with stickers or tags indicating their service. A thanks or a wave of acknowledgement goes a long way even to

strangers. As Vets we are a minority group and if you have gazed into the mirror lately, you will be reminded that you are now one of the old Vets you used to see. We can’t do anything about getting old but that does not mean we have to act old. Remember to not let the old man in.

While I still know a few WWII and Korean Vets and a fair number of RVN Vets, those I don’t know are also important and just as worthy of recognition.

That said, I also served with heroes who should be thanked. Officers and enlisted men who were mentors to me; guys who were commanders or team leaders or peers who showed me what to do or not to do and helped me get home; “Golf” Company heroes and others with whom I served or have met through our E/51st-G/75th Association. People who I still see or talk with on occasion who I consider heroes are great examples of who we all should be. We all served at different times and with different people but for me it was guys like Ted Maxis, Jr, John Gillette, George Beach, Clem Lemke and Frank Svensson who really made a positive impact on me. Men who not only excelled in Vietnam but did great and honorable things after their time in RVN and continue to do so to this day that are just as important as what they did many years ago.



G/75 UNIT DIRECTOR
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PATROLLING YOUR HEALTH

As defined by the dictionary, meditation is 1. “deep continuing thought 2. solemn reflection on sacred matters as a

devotional act 3. oral or written material, as a sermon, based on meditation.” Meditation, as defined by those who practice it for health and wellness purposes is almost the opposite - it is the lack of doing anything of an external nature. A person merely sits in an erect and balanced position, closes his eyes and then allows the mind to settle down while being aware of his breath. A person’s focus moves from the outside world of stimulation, thoughts & feelings, to that of inner calm. It is this realm of deepening inner calm which has attendant healing benefits attached to it which is the purpose of this article.

So, what is it that’s happening during meditation that has been able to be scientifically measured, recorded and examined by the science gurus (sorry). The most obvious results have been a consistent reduction in blood pressure, a reduction in heart rate, altered brain wave activity, a reduction in stress related hormones like cortisol and adrenaline and an increase in immune system indicators as well as joyful related hormones like endorphins. If a person can maintain a constant level of breathing which will alter brain wave activity, he will sense a calmness come over him and will tend to actually be more productive, accepting and balanced overall, able to accept the outside world with much less stress to his life. As mentioned in previous articles, stress is responsible for an estimated 75% of pain, disease and dysfunction in our lives. Improved cellular regeneration has been noted to take place at the deeper levels of brain wave activity. Some folks have related that these deeper levels allow for true bliss and happiness as well as improved mental functions where no problem is too great to be solved – the realm of so called genius. So, as an individual becomes more adept at meditation, he apparently can access deeper and deeper levels of mind that result in improved health as well as expanded mental abilities, all positive in nature. Ask yourself if any of these elements are a focus of either concern or interest in your life. If they are, then the rest of this article may be of interest.

Mind appears to be a new and real frontier. The more we study and investigate the universe, the more we move towards common denominators between man and his external world. Science is also just beginning to see correlation between mental and emotional activity and life experience. What we think or feel, we seem to manifest in our lives. Personally, I feel that when an individual reaches the point of recognizing that he can control what he feels and thinks, he GROWS UP. Until then, he usually plays the victim role and offers excuses of every type imaginable for why his life sucks. How many Rangers do you know who have “excusitis”, not many. Once they process their military experience, they usually become highly productive and contributing members of society. We all had to manage our minds amidst chaos, and survive. That same discipline and understanding becomes one of the key ingredients to successful meditation, only we don’t have to do anything this time – just allow it to happen, naturally. Easier said than done.

This rather simple approach of not “doing” anything is one of the biggest obstacles to suc-

cessful meditation practice. Doing nothing, as some people see it, is unacceptable since they are not actively producing or physically doing something. And BEING still is a major challenge to most people because they become very uncomfortable not being stimulated; the quiet zone is actually threatening. This is only a phase of meditation and must be worked through individually and one of the reasons that training is necessary from a qualified practitioner if one chooses to pursue meditation seriously. This is a new realm for most Westerners and we are simply unprepared to deal with it – a guide becomes very helpful.

Let’s take a closer look at what meditation accomplishes and how it works. It may seem backward but doing apparently nothing may be doing more for oneself than all the “busi-ness” that takes up every day living trying to succeed or fulfilling role expectations. If the medical world has finally acknowledged that stress is so detrimental to a person’s health, then what is the natural solution? – UNSTRESS. Our inclination may be to drink, do drugs, sex, or stay busy with enjoyable hobbies. Or, the medical solution may be to take a prescription drug when we seek its advice. If one looks at the core cause of stress, it usually boils down to mentally/physically/emotionally trying to do more than we are capable of handling in a given period of time or being out of control of circumstances. If on occasion we experience this overload condition, we can usually handle it naturally with a good night’s sleep. When it becomes a routine happening and we need daily relief, however, we have reached the tipping point and it starts taking its toll. Why not give the body a chance to decompress naturally with an induced form of “sleep” that can be more effective than actually sleeping. It doesn’t cost anything; it doesn’t require any particular skills; it doesn’t require a third party and it can be done almost anywhere at any time. Meditation seems to meet this need in ways that most of us have little knowledge of.

Some other benefits to a routine of meditation include the following: A person seems to find more of his true self, an inner knowledge of who he truly is. Instead of being influenced by external values, marketing expectations or other people, self-assurance and self-determination results. An inner self seems to emerge which provides a much stronger self-image. Guilt diminishes, mental chatter settles into composure and one comes to glimpse another form of joyful living and happiness – one that come from within, not without. Self doubt, self-criticism and a lack of self-esteem just seem to fade away. One begins to sense a connection with something greater than self, much like the AA experience offers. The dark pit of depression and loneliness give way to the light of “I’m not alone”. One begins to create life experiences rather than react to them; true control of oneself begins to emerge and a new way of living evolves.

Continued on the next page

I recently had the Sacramento area regional coordinator for Transcendental Meditation, commonly referred to as TM, attend one of our Veteran Council meetings as a guest speaker to address its effectiveness in dealing with trauma, PTSD/MST. I asked him what made TM so special, how does it work and why do people get better results from it than other types of meditation. He related the following to me: 1) The “mantra”, a word/sound without meaning, that is mentally repeated during meditation, is assigned to the individual by a certified TM practitioner who is trained to do such. 2) TM offers life-long support anywhere in the world so an individual can check in and ensure he is meditating correctly 3) TM offers a series of four lessons over four days of instruction to ensure that any unique challenges the individual confronts are dealt with effectively. 4) It is taught the same way everywhere in the world. He then related that the proper practice of “TM results in a natural state of mental balance and stillness that allows the body to heal itself and for the individual to regain control of himself” without revisiting the trauma and reinforcing it as other treatment modalities may do. He said the body has a natural tendency to establish balance, harmony and health if allowed to do so. TM simply allows the body to follow its natural path, understanding the nature of mind and how the brain operates. As the mind settles into a state of rest, the body follows, allowing for a reduced heart rate, lowered blood pressure and a shallower rate of breathing which results in reduced stress and an enhanced immune/healing bodily system. He cited over 600 published studies, some even by DoD, attesting to these results. He also displayed a chart showing how TM is approximately 33% more effective than other forms of meditation which were studied as well.

I took an Inter-theatre Transfer (ITT) to Berlin directly from Vietnam. Within a couple of months I knew something was wrong with me but had no idea what it was. I even went in to see a shrink, the kiss of death for an officer, but she said there was nothing wrong with me. I was drinking heavily, had anger issues and was a lousy husband and father. I took a TM course and things began to settle down for me. I didn't understand at the time what was happening, I just knew I was feeling better and my life was beginning to turn around. A by-product of regular meditation was something I hadn't expected - improved sports performance; I was relaxed, focused and could perform competitively at a much higher level.

Continued from page 3

AL STEWART CONTINUED

It is not just the medal winners who are important to us but also those who guided or touched our lives in positive and meaningful ways. I am thankful to them and others just as I am to the French for recognizing our WWII Vets.

So, let me thank you all; those who I know as well as others I am not familiar with and let me say that I appreciate your service. Let me also ask that you join me in thanking others, friends and strangers, volunteers and draftees, for their honorable service.

So, if you want to give meditation a go, here is a very simple but good introductory series of steps that can be followed:

- Find a quiet place where you can sit erectly, preferably a chair with a straight back. Your spine should be straight, head erect/chin up, do not lean against the chair back. Place your hands on your thighs, feet flat on the floor, eyes closed.
- Begin to breathe naturally and fairly deeply – a three count in and a three count out is good. “Watch” your breathe, it is the key to effectiveness.
- Let your mind and emotions flow; don't try to control any aspect of them, just let them happen. If you notice that you have stopped breathing in the same rhythmic manner, start again.
- Do this first for five (5) minutes, then ten (10), fifteen (15) and finally twenty (20) over a period of a month, increasing the time spent by five minutes each week.

You may experience the following: A bit of tension, discomfort or frustration; rambling thoughts; tightness in your chest; old feelings coming up. Whatever comes up is natural, let it flow. You are changing a way of being by not doing anything but sitting and breathing. Keep a journal of your experiences – quick notes on what happened during each session. Review them after each week and then finally at the end of the month. I guarantee you a significant life experience. Most importantly, it then becomes a skill that you own and can practice whenever needed. Call me with results or questions. Enjoy the Moment!

So, with TM being proven effective as a trauma treatment modality, why hasn't the VA adopted it? It just hasn't passed the VA's litmus test yet. There is a one-time cost, administered on a sliding scale based upon income, of approximately \$750 for TM instruction. That fee allows for an individual to receive the initial four day block of instruction and future TM assistance for free as often as needed anywhere in the world that TM is offered. Compared to VA treatment cost for Veteran trauma treatment of approximately \$8,300, it would seem to be a very cost effective alternative. There are a number of us throughout the country that are actively pursuing incorporation of it into the meditation treatment modalities already accepted and approved by the VA.

And let me thank those who give of their time and talents to keep our Association running and solvent. We are now the generation of senior Veterans and it is up to us continue to honor those who served and those now serving our country.

Al Stewart G/75th Regiment Liaison

2020 Sacramento Cancelled

READ PRESIDENT'S REPORT ON PAGE 2

Enjoy the best of historic Old Town Sacramento and the modernity of downtown. The centrally-located **Embassy Suites Sacramento-Riverfront Promenade hotel** provides a comfortable all-suites experience. Stroll along the Riverfront Promenade and walk to the iconic Tower Bridge. Enjoy the plethora of shows featured at the Golden 1 Center, located within walking distance of our hotel. Business guests gather at the nearby Sacramento Convention Center or visit the California State Capitol.

Host a meeting in one of our spacious conference rooms, and let our staff take care of planning and catering. Rent A/V equipment to assist with presentations, and stay connected with WiFi. Enjoy over 8,000 sq. ft. of flexible meeting space to accommodate your business and social catering needs. Hosting your next event at the Embassy Suites Sacramento is like hosting in a museum itself. The hotel showcases a collection of works by local artists depicting Old Sacramento, the Capitol, and life on the river.

Each two-room suite features separate living and sleeping areas, a sofa bed, an armchair and a microwave. Wake up to a free cooked-to-order breakfast. Unwind at the Evening Reception* serving complimentary drinks and canapés. Dine in the understated, elegant Tower Bridge Bistro while you enjoy New California-Tuscan cuisine alongside tranquil views of the Sacramento River. Work out at the fitness center, enjoy a swim at the heated indoor pool or unwind in the whirlpool.

* Service of alcohol subject to state and local laws. Must be of legal drinking age.

Highlights

- [Sacramento hotel packages](#) for business or vacation
- Along the Sacramento River, next to Tower Bridge, across from Old Town Sacramento
- Complimentary cooked-to-order breakfast and Evening Reception*
- Spacious two-room suites, fitness center and indoor pool
- Riverview and outdoor dining at Tower Bridge Bistro and Bar
- 8,000 sq. ft. of [flexible meeting space](#)

What to do around here

Located alongside the beautiful Riverside Promenade, Embassy Suites Sacramento - Riverfront Promenade is within easy reach of

a number of notable shops, museums and many other attractions in the Sacramento district. We're neighbors with Blue Diamond Almonds, Bank of the West, Wells Fargo, and numerous California state agencies. This Sacramento hotel is perfectly situated for corporate guests.

Take a trip to the historic Old Sacramento and visit the array of vibrant eateries there, from the spice of The Rio City Cafe and Firehouse Restaurant to the Mexican classics of La Terraza. Sample wines at one of the nearby vineyards of Napa Valley and Amador Country. Enjoy drinks with friends at the downtown Monkey Bar or catch the game as you enjoy a beer at Sports Corner Cafe. Cruise down the Sacramento River on the historic steamboat just steps away from the hotel. Our attentive and friendly staff will be happy to provide recommendations or provide a guided tour.

[Embassy Suites Sacramento Link](#)

Room Block - Rates available [from Wednesday, October 28, 2020 through Tuesday, November 3, 2020](#)

Saturday Memorial Service will be held at the California Vietnam Memorial on the grounds of the State Capitol. We will arrange for a handicap assessable bus to take everyone from the hotel to memorial.

Bring things for the Auction [on Saturday night](#). A more formal schedule of events will be published in the August Sua Sponte.

Official Reunion Dates: [Thursday, October 29, 2020 – Sunday, November 1, 2020](#)

Room Block - Rates available [from Wednesday, October 28, 2020 through Tuesday, November 3, 2020](#)

Free shuttle to and from the airport!

- Spacious 2-room suites available
Double Bed Suites \$169.00/night
- Full Complimentary cooked-to-order breakfast served daily (valued at \$16.00)
- Complimentary Manager's reception served nightly (valued at \$20.00)

1-916-326-5000 Call now for reservations!



Merrill's Marauders February DC visit increases support for Congressional Gold Medal bill H.R. 906

Support for Congressional Gold Medal bill H.R. 906 shot up after Merrill's Marauders Bob Passanisi (Top-R) and Gilbert Howland (Top-L) visited the House of Representatives Feb. 5, 2020. The companion bill, S. 743, has already passed in the Senate. Congressman Peter King (Top-Center) has introduced the House bill through three congressional sessions, beginning in 2016. Some of the 14 representatives who attended a Feb. 5th reception to meet Marauders Howland and Passanisi are seen on this page.

LEFT COLUMN (Top to bottom)

- ❖ Congressman Sanford Bishop from Georgia has been the major cosponsor of H.R. 906 through three congressional sessions.
- ❖ Retired LTG Paul Mikolashek, former 61st Inspector General of the Army, represented the Association of the United States Army (AUSA.)
- ❖ Congressman Scott Perry, who retired as a brigadier general from the Pennsylvania National Guard in 2019, shared stories with the men.
- ❖ Congressman Brad Wenstrup (Left photo) from Ohio is a H.R. 906 cosponsor. He served as a U.S. Army Reserve combat surgeon in Iraq.
- ❖ Congressman Jim Baird (Right photo) from Indiana, a decorated 1971 Vietnam veteran of Operation Lam Son, spoke with the Marauders.
- ❖ Congressman Trent Kelly, (Left photo) promoted to brigadier general by the Mississippi National Guard in 2018, visited with Howland.
- ❖ Joshua Rand-Castillo, deputy national commander - Combat Infantrymen's Association, from North Carolina meets Passanisi (Right photo.)

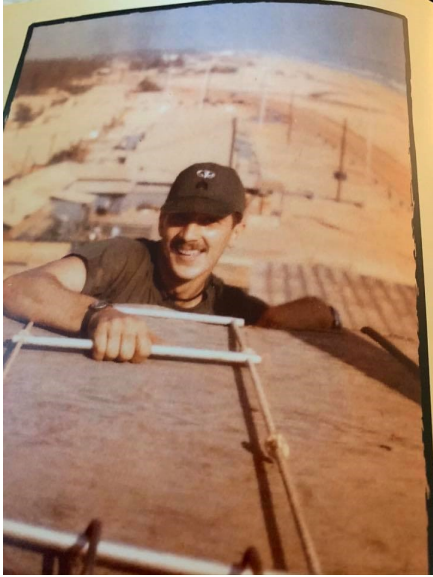
BELOW

Seven Marauder descendants served on teams seeking H.R. 906 support. Seen (L-R) are Tammy Dixon, daughter of James Junkins from Ohio; Susan Anton, granddaughter of John "Jack" Benfield Jr. from South Carolina; Sylvia Williamson, daughter of John L. Tyre from Georgia; (In front of Sylvia) Carole Ortenzo, niece of Russell Hamler, 95, from Pennsylvania; Hilary Voelkel, great-granddaughter of Maurice R. Adams from Texas; Jonnie Clasen, daughter of Vincent Melillo from Georgia, and Bob Howland, son of Gilbert Howland, 96, from New Jersey.



created by Jonnie Melillo Clasen, photos by Marauder descendants

Facebook Mugshots of Late



Clarence Avery asks:
"Does anyone remember the 50 foot tower?"



Dianne Nash has been busy in the kitchen making Italian Easter Pie and green beans!



Kathy Dodson is also busy in the kitchen making for a Happy Easter Morning!



Tom Hardy, too, is busy in the kitchen. He looks somewhat surprised by what is on the plate. He explains, "Somehow the Easter Bunny breached the wire sometime in the night!"

FINANCIALS-LYNN WALKER, CPA

12:50 PM
03/07/20
Cash Basis

COMPANY G RANGER 75TH INFANTRY ASSOCIATION Profit & Loss January 1 through March 7, 2020

	Jan 1 - Mar 7, 20
Ordinary Income/Expense	
Income	
Direct Public Support	
Individ, Business Contributions	95.00
Total Direct Public Support	95.00
Program Income	
Membership Dues	55.00
Total Program Income	55.00
Total Income	150.00
Gross Profit	150.00
Net Ordinary Income	150.00
Net Income	150.00

	Mar 7, 20
ASSETS	
Current Assets	
Checking/Savings	
Company G Ranger 75th Infantry	34,695.52
Total Checking/Savings	34,695.52
Other Current Assets	
Charter Oak Capital Management	11,021.21
Undeposited Funds	150.00
Total Other Current Assets	11,171.21
Total Current Assets	45,866.73
TOTAL ASSETS	45,866.73
LIABILITIES & EQUITY	
Liabilities	
Current Liabilities	
Other Current Liabilities	
National Ranger Memorial Founda	100.00
Total Other Current Liabilities	100.00
Total Current Liabilities	100.00
Total Liabilities	100.00
Equity	
Equity Prior Year	18,773.63
Opening Balance Equity	26,843.10
Net Income	150.00
Total Equity	45,766.73
TOTAL LIABILITIES & EQUITY	45,866.73

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03/07/20

COMPANY G RANGER 75TH INFANTRY ASSOCIATION Reconciliation Detail Company G Ranger 75th Infantry, Period Ending 02/29/2020

Type	Date	Num	Name	Cir	Amount	Balance
Beginning Balance						34,695.52
Cleared Balance						34,695.52
Register Balance as of 02/29/2020						34,695.52
Ending Balance						34,695.52

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Rosie the Riveter - Keeping things together during the doldrums of Covid-19